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Safe cycling route to Poole (1)

##  Lytchett Owl2.jpg

* + Mainly off-road
	+ Only one stretch of road with no cycle track marked
	+ Could all be off-road if parking at Upton Country Park

This is a lovely and relatively safe way to get to Poole from the site. At the entrance turn left and go over the flyover, keeping to the cycle lane. Immediately over the flyover turn right ( take care crossing, as Dorchester road is fairly busy ) into Policeman’s Lane. Once on Policeman’s Lane follow this until it changes to Sandy Lane. At the end of Sandy Lane you turn right on to Blandford Road. This is a very busy road with no cycle lane so take great care. After about 600m you turn left off this road between the two railway bridges (cycle route clearly signposted through black gates). Follow cycle route to Upton Country Park, through car park and then follow Heritage Cycle Route (Poole). This route will take you round Holes Bay to Poole. At Asda, follow signs for The Quay and Old Town.

Distance: 6 miles approximately

Time: 45 – 60 minutes

Special features: Mostly off-road, beautiful views of Holes Bay.